













52 Ways to Make This Your Best Year Ever!

1. Get in the best shape of your life
2. Get together with friends more often
3. Set outrageous goals
4. Read a book a month
5. Volunteer in your community
6. Make someone's day, everyday
7. Take a class that will further your career
8. Drink more water
9. Find a mentor or coach to improve your game
10. Get out of a rut
11. Be a mentor for someone else
12. Pamper yourself
13. Be more thankful
14. Take more risks
15. Take more time off
16. Get organized
17. Watch more sunsets
18. Lighten up
19. Try new things
20. Give up having to be right
21. Ask for what you want, and don't stop asking until you get it
22. Get all that crap off your desk
23. Drive to the office a different way
24. Change into your workout clothes as soon as you get home from work

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25. Take more 3 day weekends
 26. Go on more dates with your spouse
 27. Break a bad habit, or start a good one
 28. Send more thank you notes
 29. Buy a new pair of glasses
 30. Get a physical
 31. Take the stairs
 32. Spend less time in front of the computer
 33. Turn off the television and talk or read
 34. Celebrate more often
 35. Get your car detailed
 36. Work smarter instead of harder
 37. Expect great things to happen to you
 38. Set meaningful daily targets
 39. Don't be vague about what you want
 40. Show up more, you must be present to win
 41. Self audit your actions and make adjustments swiftly
 42. Get rid of all obstacles to your success
 43. Stay humble
 44. Get a little bit better every day
 45. Go to the movies by yourself
 46. Fail more, don't be afraid to make mistakes
 47. Worry more about the little things, big things will take care of themselves
 48. Don't be afraid to say "I don't know"
 49. Don't hog the credit, share it
 50. Keep your promises
 51. Speak less and listen more
 52. Change! Remember - more of the same will get you more of the same